

## Technical Code Programme 2020 Awareness & Adoption of Technical Codes

## **Basic Civil Works**

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## **Basic Civil Works**





### Part 2: Open Trench

Part 1: General Requirements

- consist of all common requirements related to civil works. - specifies the requirements for open trench works for the

installation and maintenance of communications network facilities



### Part 3:

### Micro Trench

- specifies the requirements for micro trench works for the installation and maintenance of communications network facilities



### Part 4: HDD

- specifies the requirements for HDD works for the installation and maintenance of communications network facilities



# Outline

**Background and Introduction** 

**Rationale of the Revision** 

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Benefits

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**Technical Code Requirements** 

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**Conclusion/Challenges** 



## **Background and Introduction**

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# Background

- The Technical Codes for Basic Civil Works serve to assist the relevant parties to meet the requirements of end users or relevant authorities to lay their communication network to offer the communications services.
- This is important in view of the communication infrastructure is used as a conduit for laying the fiber optic cable as a medium to deliver higher speed of broadband services to the public/customers.

# Malaysian Technical Standards Forum Bho

# Introduction

This technical code for Basic Civil Works - General Requirements ('this Technical Code') was developed pursuant to Section 185 of the Act 588 by the Malaysian Technical Standards Forum Bhd (MTSFB) via its Network and Broadcast Infrastructure and Facilities Working Group (NBIF WG).

The **Basic Civil Work** consists of 4 main modules:

Part 1: General Requirements

Part 2: Open Trench

Part 3: Micro Trench

Part 4: Horizontal Directional Drilling

These series of Technical Codes shall replace SKMM/G/01/09, Guideline on the Provision of Basic Civil Works for Communications Infrastructure in New Development Areas.

The Technical Code shall be **read together** with the rest of the other series of Basic Civil Works depending on specific method of civil work.



## The Experts

 This Technical Code was developed by representatives from the following organisations:





## **Rationale of the Revision**

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## Why are the codes developed?

- Revision of Current Civil Work Document Guideline on the provision of basic civil works for communications infrastructure in new development areas (skmm/g/01/09), Version: February 2008
- To define the **requirements** for Basic Civil Works via various methods and requirements for communications infrastructure development.
- To support the NFCP initiative expedite and smooth approval process
- Minimize the damages due to construction work



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Guideline on the provision of basic civil works for communications infrastructure in new development areas (skmm/g/01/09), Version: February 2008,

- Mainly focus on new development area
- Limited to open trench method only



#### **GUIDELINE ON**

#### THE PROVISION OF BASIC CIVIL WORKS FOR COMMUNICATIONS INFRASTRUCTURE IN NEW DEVELOPMENT AREAS

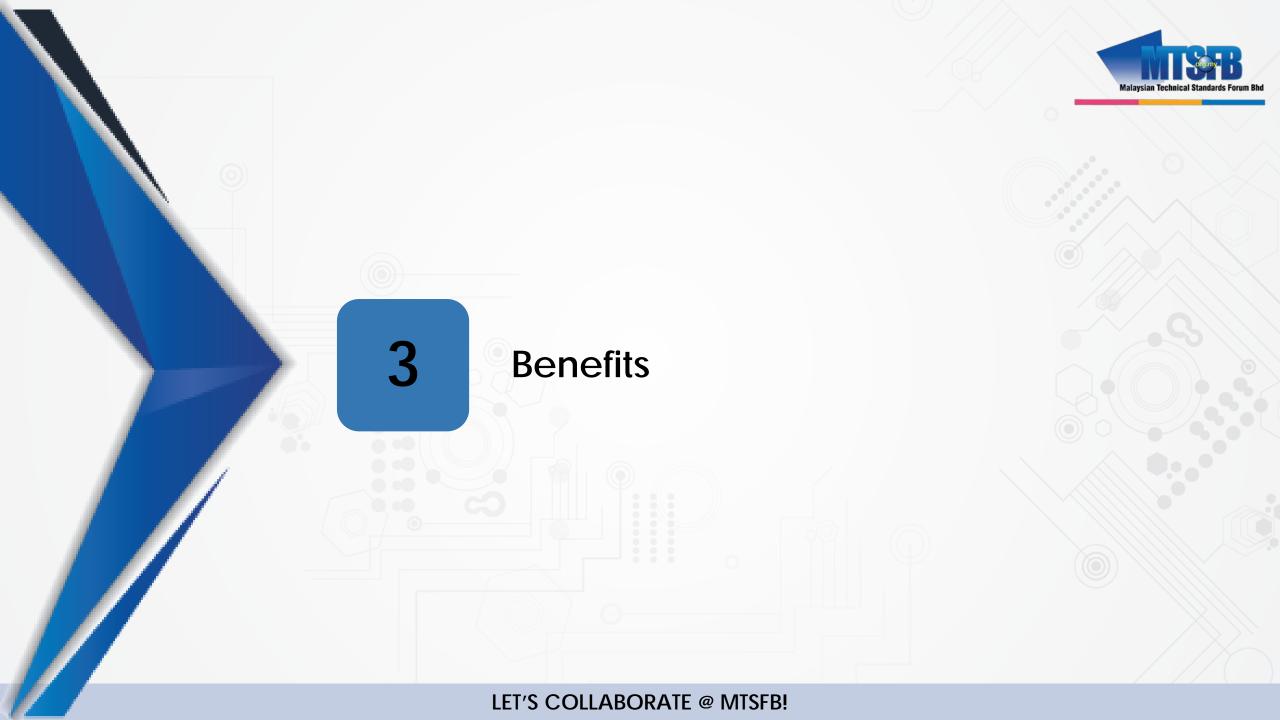
(SKMM/G/01/09)

Version: February 2008



## **NFCP Requirements**

- Update existing or develop new Codes/SOP on sites improvement, use of other utilities, street furniture, in building installations (including brownfield and greenfield)
- New industry SOP/guideline on process/steps/standards to be used on State/Federal buildings/land/ROW etc.
- Awareness and engagement programs with building managers/owners, operators, contractors, town planners, etc.





## 3 - What are the benefits of the codes?

- Standard SOP of civil work
- Minimize the road/surface damage due to the civil works
- Expedite approval permit and deployment time
- Minimize cable cut incident due to construction work



## **Technical Code Requirements**

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MCMC MTSFB TC G025-1:2020

#### TECHNICAL CODE

BASIC CIVIL WORKS -PART 1: GENERAL REQUIREMENTS



Registered by



Registered date:

20 May 2020

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Malaysian Technical Standards Forum Bi

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## 1. Scope

This Technical Code specifies the **general requirements for earthwork** for the purpose of installation and maintenance of fixed network facilities which covers:

- a) safety and precautions;
- b) processes and procedures;
- c) material specifications;
- d) testing and acceptance;
- e) milling and reinstatement; and
- f) procedure for project completion.

## 4. Term & Definitions



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# 5. Planning Of Civil Work

- Shall be carried out **before starting** of any civil work.
- To determine the suitable of construction method during the civil work planning stage.
- includes selection of the route, tools, materials and approval from relevant government agencies, local authorities and land owner.

### Civil Work Construction Methods

- Open Trench;
- Micro Trench and
- Horizontal Directional Drilling (HDD).

determined s by the land owner



# 5. Planning Of Civil Works

### **5.2 Work Specification**

- determine the number of duct-ways,
- duct size and
- distance of the construction.

• optimise cost

• shortest route

The guidance:

continuous length

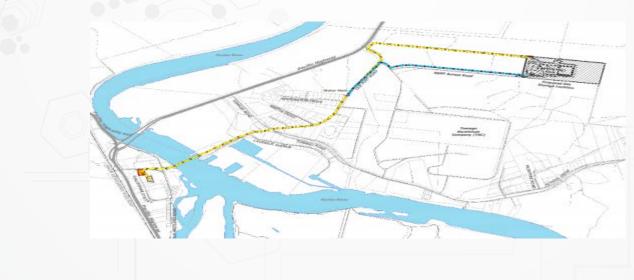
future requirement & expansion.



# 5. Planning Of Civil Work

**5.3 Duct Routing** 

- starting and the end point of the civil work.
- minimize damages to trees, landscape, carriageway or structure. Route planning should consider future expansion and development.
- long-term stability of the routes.



# 6. Safety Precautions

### Safety equipment

- strictly adhere to the guidelines and standards issued by the relevant authorities.
- All workers shall be equipped with personal protective equipment (PPE)

#### Safety elements

- effective fire-fighting apparatus and material;
- power supply identification;
- Forbidden of hazardous goods
- safety misadventure in communication construction.
- etc





### Working at road side

- Barrier and warning signage to provide ample response time for road users or traffics
- A flagman





### Wayleave and permit

- the relevant standards and guidelines by the authorities such as *Prosedur Permohonan Syarikat Utiliti Kepada JKR* shall be complied;
- the relevant permits shall be obtained (*External Trenching Permit* (*ETP*) from the relevant authorities and *Internal Trenching Permit* (*ITP*) from landowner or Building Management (BM)); and
- joint inspection with the authorities may be required to be conducted upon the completion in order to obtain "Sijil Siap Kerja" or "Pengesahan Siap Kerja".



### 7.2 Documentation

- application letter/form;
- detailed technical proposal or drawing;
- contractor's information;
- Utility Detection Mapping (UDM);
- joint site survey report (if required);
- copy of insurance;
- work schedule;
- Traffic Management Plan (TMP);
- method of statement;
- security deposit; and
- sites photos (before and after).



### 7.3 Rules and regulations

- a. appointment **OSHE** and Construction Industry Development Board **(CIDB)** certified civil works contractor
- b. project manager and the civil work contractor shall adhere to the **agreed acceptance procedure**;
- c. prepare all the documentation required for the acceptance procedure;
- d. prepare all the necessary tools and test gears;
- e. acceptance procedures should be performed and completed on the same day to minimize traffic obstruction;
- f. ensure all relevant **permits** are obtained and in compliance with all the relevant rules and regulations; and
- g. Certification of Acceptance (COA) upon completion of acceptance procedure.





### 7.4 Call Before You Dig (CBYD) registration

- To minimize damages to underground utility facilities
- Project manager to register at CBYD portal (www.cbyd.com.my).

MAFB	7/3/2020
Call Before You	Dig.
A centre point to register your digging work	
Just tell us when and where you plan to dig, we will get the utilities to respond to you directly with their underground ca	
More info	
Members	
	<b>E F</b> Fiberail



## 7.4 Utility Detection & Mapping (UDM)

- It is a **compulsory** for all underground civil works.
- Shall be done before underground civil works started.
- To avoid unnecessary damages to other underground utilities e.g. water, gas or power cable.
- UDM report must be endorsed by qualified Land Surveyor.
- Underground civil works shall only commence upon confirmation on the underground accessibility; otherwise the route shall be relocated.



### 7.4 Utility Detection Mapping (UDM)

- To manage certain risks associated with utility mapping
- Before excavation work involving open trench and HDD
- UDM will provide the information as below:
  - a. Existing available records, plans, and maps;
  - b. field staking to avoid conflict with existing utilities;
  - c. formal report and inventory, detailing all ground proofs, subsurface features, and utilities found;
  - d. Computer-Aided Design (CAD) drawings;
- the following items shall be indicated in the utility mapping report;
  - i. X, Y and Z view direction along the trenching route.
  - ii. trenching route including the depth;
  - iii. location of existing manhole and proposed manhole;
  - iv. proposed location of pilot holes;
  - v. all utilities in the ground and distance and depth between each utility; and
  - vi. cross section of the trenching route (Y-Z view) at 3 point of scanning.



## 7.4 UDM Tools



### Ground Penetrating Radar (GPR)

- A geophysical method that uses radar pulses to image the underground utilities.
- Uses electromagnetic radiation in the microwave band of the radio spectrum (10MHz to 2.6GHz) and detects the reflected signals from underground structures.
- Max Depth: 8m

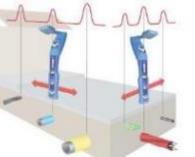


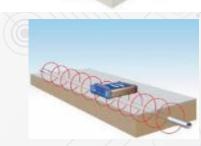


### 2 Cable Locator Radio Detection

- Three method of detections:
  - Induction the transmitter is placed on the ground over or near the survey area. The transmitter will induce the signal indiscriminately to any nearby metallic conductor.
  - Direct connection the transmitter is connected directly to the related pipe or cable and will transmit the signal along the line.
  - Sonde a battery operated transmitter is placed inside the required duct. The sonde will transmit signal and to be detected by the detector.
- Max Depth: 6m (Induction & Direct connection) / 15m (Sonde)



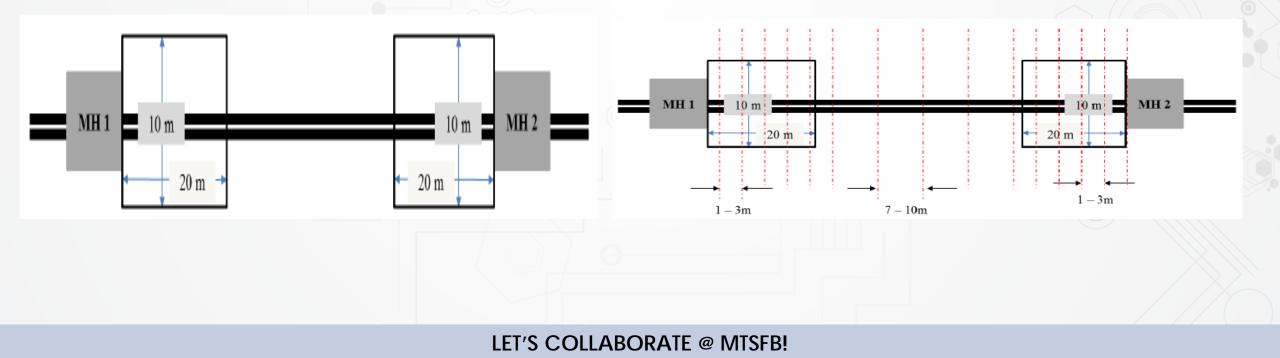






### 7.5 Utility Detection Mapping (UDM)

- determine the area of scanning size and interval distance of scanning by considering the following requirements.
  - a. The width of scanning is 10 m along the route from a manhole to another manhole.
  - b. High risk area, the scanning interval for distance within 20 m from the manhole shall 1 m 3 m.
  - c. The area > 20 m from manhole is categorized as low risk area: 7 m -10 m interval.

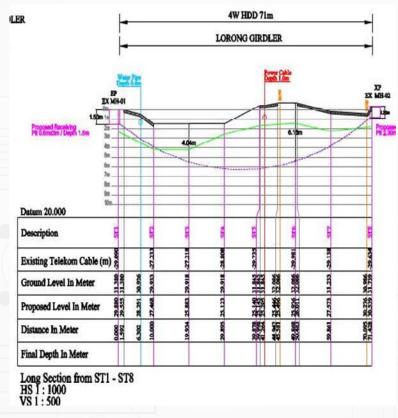




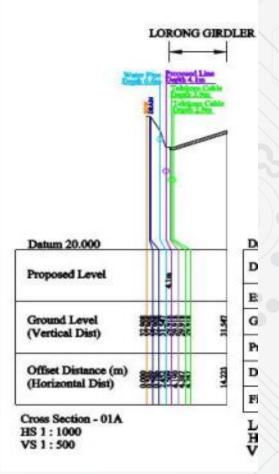
### 7.5 Utility Detection Mapping (UDM)



X-Z view of UDM



X-Y view of UDM



Y-Z view of UDM



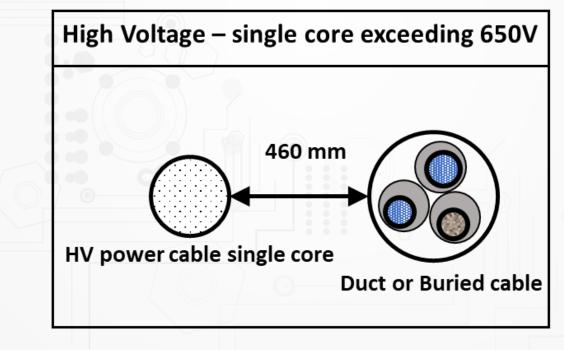
### 7.6 Clearance

### Clearance from electricity supplies

- As much clearance as is **practicable**
- If < 150 mm & cross each other</li>
   to provide concrete Quality B < 50 mm thick</li>

Set of plant (exceeding 650 V)	Minimum clearance (mm)	Description		
High-voltage single-core cables	460	No exception to this requirement will be permitted		
High-voltage multi-core cables	300	In difficult cases a reduced clearance will be permitted		

Clearance from electrical cable





### 7.6 Clearance

#### Clearance from gas pipe

• All ducts shall be kept at min 1 m clearance, if not < 50 mm Quality B concrete as separation

#### Clearance from other services

- water mains and service pipe, sewers and subways, and manholes and joint boxes belonging to other undertakers.
- Min of 150 mm clearance
- If cross each other, min vertical clearance = 50 mm

# 8. Traffic Management Plan



as specified in ATJ 2C/85, Manual on Traffic Control Devices Temporary Signs and Work Zones Control.

### 8.1 Type of road

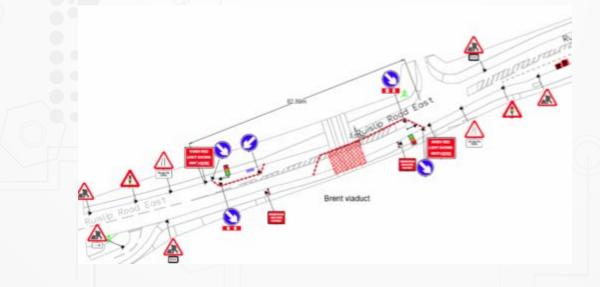
ATJ 2C/85 (Pindaso )

MANUAL ON TRAFFIC CONTROL DEVICES

TEMPORARY SIGNS AND WORK ZONES CONTROL • To determine type of road – federal road, state road, residential area road, village road; and highway.

### 8.2 Apply work permit from authorities

 to obtain work permit from the authorities or road owners, and observe all conditions for the approved work permit.



# 8. Traffic Management Plan



#### 8.3 Site arrangement as per layouts of traffic control

- to ensure the site arrangement is done according to the following:
  - traffic control zone;
  - Iayout for work on the road; and
  - ➢ sign and traffic control devices.
- Determine the specific traffic control zone
- Traffic control zone -distance between the first advance warning sign and the point beyond the work area advance warning area
  - a. The first temporary signboard. The length should be:
    - > 2 km to 1 km for expressways;
    - > 500 m for most rural roadways or open highways conditions; and
    - $\succ$  at least 100 m for urban roadways.
  - b. transition area
    - > Tapers to close lanes.
    - Length of taper
  - c. Buffer space
    - > open or unoccupied space between the transition and work areas

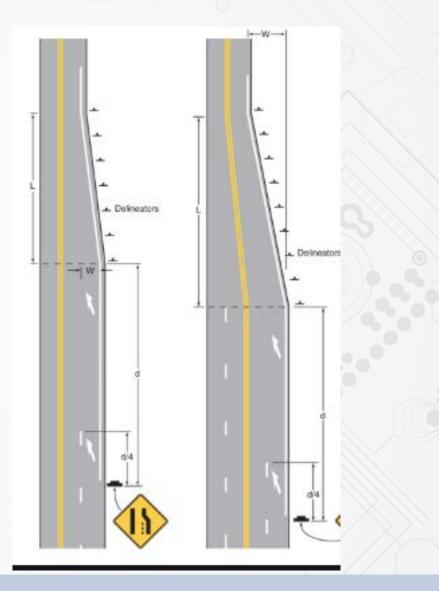
# 8. Traffic Management Plan



#### 8.3 Site arrangement as per layouts of traffic control

		Taper length			
Speed limit (km/h)	Lane width (m)			Number of channelizing	Spacing (m)
	3	3.5	3.75		
30	17	20	22	5	6
40	30	35	40	6	7
50	50	55	60	7	9
55	60	70	75	8	10
65	80	95	100	9	12
70	130	155	165	13	13
80	150	175	190	13	15
90	170	195	210	13	16

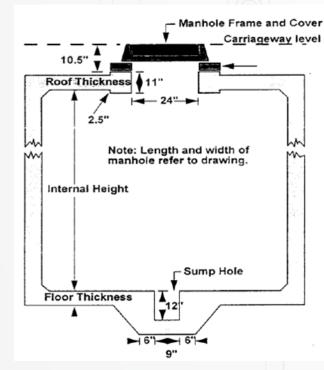
Taper length specification





- For new development area, shall be provided by property developer for connection with NFP infrastructure.
- to consult with NFP on the appropriate selection of the location and size of manhole
- For public or **common area**, the manhole normally builds by NFP, local authority or land owner.

#### 9.1 Size of manhole



Typical manhole design and specifications

Manhole type code	Internal dimension (L x W x H) (mm)	Number of 100 mm duct ways	PVC socket 100 mm	Loading weight (t)
R1B	1 980 x 1 370 x 1 830	6	12	22.5
R2A	3 280 x 1 500 x 1 830	12	24	22.5
R2A(M)	3 740 x 1 640 x 2 000	16	32	22.5
JC9C	1 960 x 1 260 x 1 020	4	16	22.5
JC9	1 810 x 890 x 1 150	4	8	22.5
JRC7	1 160 x 855 x 850	2	4	22.5
JB30	850 x 850 x 650	2	4	22.5
Handhole	300 x 300 x 300	2	4	5.0
NOTE: Other si	zes deployment may defer and sul	bjected to approval fro	m qualified Professi	ional Engineer.

Manhole size

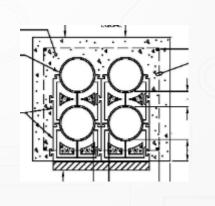


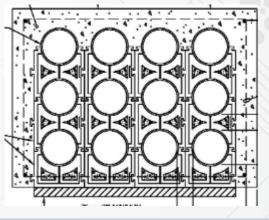
#### 9.2 Manhole Planning

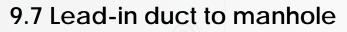
- To ensure the layout plan or manhole route **meets the objective** and to **avoid any changes** during installation work.
- The planning shall include the following items:
  - a. Determine the location of the manhole to be installed preferable in grass and installation of manhole at intersection or heavy traffic road shall be avoided
  - b. Determine the type of manhole to be used based on the following criteria:
    - i. the requirement of **duct capacity** number of potential subscribers and future demand growth; and
    - ii. the manhole location to be installed.
- The recommended manhole span is between 50 m to 250 m depending on the location and suitability

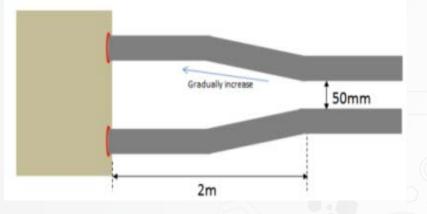
#### 9.3 Type of Manhole

- Concrete Pre-fibrecated & In-Situ
- non-concrete type Prefibrecated









#### • the duct shall be adjusted to fitted into the manhole.

- the duct shall be gradually positioned by increasing or decreasing the duct way level within a distance of 1 m to 2 m.
- **no sharp bending** took a form during the work

#### 9.8 Fitting the manhole cover

- the manhole cover shall be lifted by **using a crane** and put onto the manhole.
- Measure the **horizontal level** of the manhole using appropriate tool to ensure that the cover has being put properly and evenly horizontal
- Failure to put the manhole cover evenly horizontal will jeopardized the **overall strength** of the manhole structure.



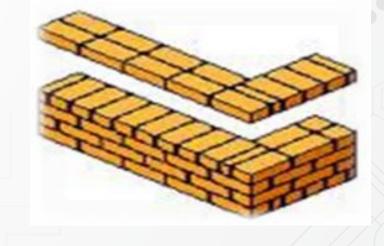
#### 9.9 Backfilling around manhole



- The spaces outside the walls of manhole and surrounding area dug up shall be completely filled with sand free from stones and rammed
- Precautions shall be taken during ramming that not disturbs any work which already completed

#### 9.10 Raise up manhole

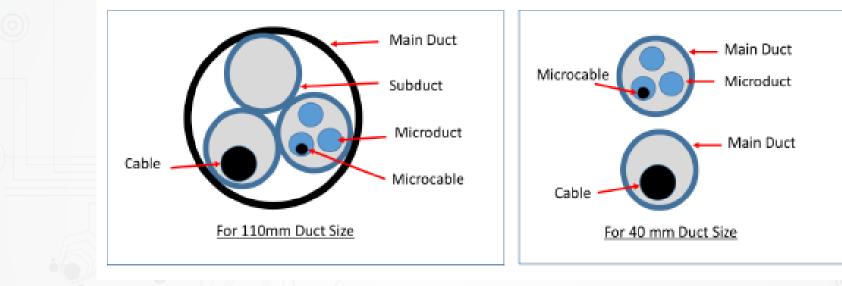
- Raise-up of the manhole's neck shall be done when the ground level around the chamber was lifted
- Through English bond bricks arrangement with the 9 inches
   thickness
- Inside of the raise-up shall be plastered with Portland cement







#### **10.1 Duct Category**



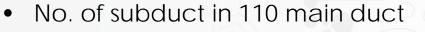
#### Main duct

- For Open cut PVC duct or GI Pipe
- For HDD only HDPE type is allowed due to flexibility, high pulling strength and tensile requirement.
- The duct size = **110 mm or 40 mm** depend on the application.



#### Subduct

- To maximize the duct space, subduct is used to lay multiple cables inside the main duct.
- Number of subducts is normally between 3 and 5 depending on subduct size and usage cable size.

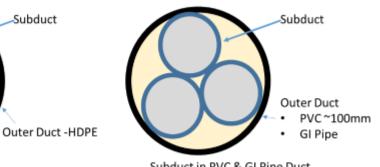


- 40 mm subduct size -> 3 subducts
- ➢ 32 mm subduct size → max 5 subducts
- maximum of 70 % cable filled ratio.
- 2 types of subduct
  - smooth wall type mostly for blowing technique
  - corrugated type for standard pulling method



Subduct in HDPE Duct

Corrugated









#### Microduct

- normally use for cable blowing method for microcable type installation.
- can be installed in sub-duct or directly in main duct.
- Number of duct way also depends on the application and capacity of cable.
- Size of microduct will depend on duct and cable size.
- Microduct can be installed individually or in a bundle



Single Microduct



**Bundle Microduct** 





#### **10.2 Duct Specification**

Specifications	Description
Material Type	HDPE, PVC, GI
Diameter	32 mm, 40 mm or 110 mm
Duct Colour	Black
Stripe Colour (if any - optional)	Yellow
Stripe Width	a) 32 mm and 40 mm duct: 4 mm - 6 mm b) 110 mm duct: 5 mm - 8 mm
Outer Marking Colour	Yellow
Outer Marking Size	Font size 20 pt

#### High-density Polyethylene (HDPE) duct

- **polyethylene thermoplastic** made from petroleum high pressure pipelines.
- normally used for construction via HDD method,
- also can be used for open trench application especially for area that require extra protection
- The minimum grade equivalent or greater than **SDR13.5** grade.
- The diameter size can be 32 mm, 40 mm or 110 mm.





#### High-density Polyethylene (HDPE) smooth duct

- normally used for blowing application.
- provides the less friction between duct surface and cable during cable installation.
- The smooth duct is made from HDPE and the outer diameter is 40 mm.





#### **PVC** Pipe

- recommended for open cut method.
- suitable for conventional cable pulling method
- diameter size of PVC conduit is nominal 107 mm with 6 m length for every piece.



#### Galvanize Iron (GI) pipe type

- For area that require **extra protection** -road, drain or bridge crossing
- Diameter size of GI pipe is minimum 50 mm
- Min grade shall BS EN 10255
- The application as below:
  - Road crossing
    - ✓ Min Grade A for non-heavy traffic and
    - ✓ Min Grade B for heavy traffic road.
  - Pole riser min Grade A.
  - > Connection to customer premise mini Grade A.





#### Draw Rope

- shall be installed in every of the new duct or subduct way.
- will be used to pull the subduct.



# 11. Quality of Material



All materials not otherwise specified to be used for the civil works construction are to be in accordance with the specifications of the **Malaysian Standards** or its equivalent

Concrete	Par	rts by meas	sure	Usage
concrete	Cement	Sand	Aggregate	Usage
Quality A	1	2	4	All jointing chambers, filling in covers manhole, plinth, concrete trough.
Quality B	1	3	6	For supporting, protecting or filling in purposes.
Quality C	1	4	3	Encasement of conduits. The maximum size of the aggregate shall be 6 mm.
Cement mortar	1	3	0	Plastering, sealing dummy ducts in jointing chamber, repairing damage or split ducts.

#### Concrete ratio mixer

# 11. Quality of Material



#### Sand Grade

Sieve test (mm)	Passing (%)
10	100
5	95 - 100
2.36	70 - 95
1.18	45 - 95
0.6	25 - 60
0.3	5 - 30
0.15	0 - 10

#### Sand grade limit for cement mortar

Sieve test	Pass (%	
(mm)	Sand for general purpose mortars	Sand for reinforced work mortars
4.75	100	100
2.36	90 - 100	90 - 100
1.18	70 - 100	70 - 100
0.6	40 - 100	40 - 80
0.3	5 - 70	5 - 40
0.15	0 - 15	0 - 10

#### Aggregator Size

Sieve test (mm)	Passing (%)
20	100
10	22 - 55
5	<u>&lt;</u> 10

#### Steel Size

Imperial size (inch)	Metric size (mm)
1/4	6
5/16	8
3/8	10
1/2	12
5/8	16
3/4	20
7/8	22
1	25
1 1/8	28
1 1/4	32
1 1/2	40

# 12. Testing



#### 12.1 Mandrel Test

- to perform after completion of duct installation
- using cylindrical brush mandrel 457 mm in length and 83 mm in diameter
- the last joint of each duct shall be tested on completion of the manhole.
- passed twice through each 'way' to clean the duct
- to remove any foreign material which may have entered.





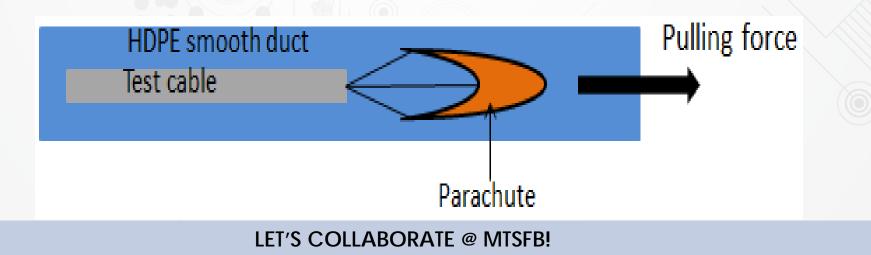


# 12. Testing



#### 12.3 Blowing Test

- for HDPE duct smooth wall installation to ensure the duct is suitable to be used for cable blowing later.
- The blowing test shall be as follows:
  - a. pressurizing the duct and monitoring air loss to ensure no damaged duct and couplers are properly installed.
  - b. Attach 1-2m cable to the cable carrier or parachute to the end of the fibre.
  - c. Feed the cable through the cable blower and into the duct.
  - d. Apply a silicone-based lubricant into the duct.
  - e. Connect the cable blower to the system and inject air into the duct behind the cable carrier.
  - f. The blower will exert a pulling force and the cable will begin to move through the duct.
  - g. The test is successful when the cable reaches to the end of the duct line.



# 13. Milling



- a process of removing a part of a paved area surface to receive a new wearing course.
- To follow relevant authorities instruction.



#### 13.2 Road paving process

• Road paving shall be done as per specification JKR/SPJ/2008 or by the relevant authorities.





# 13. Milling



#### 13.3 Coring test

- The purpose to check the thickness of the asphalt premix
- by drilling a cylindrical sample of paved surfaced
- To carry out within 24 h of laying and compacting the asphalt premix
- diameter of core sample shall be < 100 mm</li>
- thickness are **150 mm**.
- sampling one sample per 500 m<sup>2</sup> of premix laid.

#### 13.4 Road painting

- as instructed by the relevant authorities.
- Prepare and apply 2 coats of approved road line paint (width of 100 mm) on the road to restore the existing road line which was removed during milling process.







# 14. Reinstatement



Reinstatement shall be applicable as per specification by JKR/SPJ/2008 or any requirements by the relevant authorities.

#### 14.1 Reinstatement of excavated area in grass

• by re-planting the grass and plants which were removed during excavation.

#### 14.2 Reinstatement of excavated area in carriageway

The procedures are as follows:

- a. Spread evenly and compact the 250 mm thickness
- b. Pour the asphalt premix with the thickness of 50 mm
- c. Compact the layer of the asphalt premix by using rammer machine
- d. to ensure that there are no changes in the level of surface at the excavated area after the road instatement work is complete.
- e. Repair all damages like curb, finishing (tiles) and etc.
- f. Road milling shall commence only after the road reinstatement on the excavated area has stabilized



# 15. Completion of Work



#### 15.1 Site restoration

- All the signage, equipment and tools shall be removed and cleaned.
- All excavated work areas shall be backfilled and returned to the initial condition as required.
- Recover al valuable plants such as trees, landscape, carriageway according to the requirements of landowners or the relevant authorities.

#### 15.2 Project handover

To retain and keep the following :

- a. as-built drawing;
- b. permits from relevant authorities;
- c. UDM report;
- d. duct-way space record information; and
- e. cross sectional diagram of the completed work with the following information:
  - i. the depth of the duct-way (vertical alignment) for every 6 m interval; and
  - ii. the setback distances.



Malaysian Technical Standards Forum Bhd



#### MCMC MTSFB TC G025-2:2020

#### TECHNICAL CODE

#### BASIC CIVIL WORKS -PART 2: OPEN TRENCH

Developed by







Registered date:

20 May 2020



### **Technical Code Requirements**

### Stage 1 Planning

4

- 1. Planning for Open Trench Work
- 2. Utility Detection Mapping (UDM)

### Stage 2

#### Specification

- 3. Depth & Width of Trench
- 4. Material

### Stage 3 Installation

- 5. Road Cutting & Pilot Hole
- 6. Trench Excavation
- 7. Duct Laying
- 8. Duct Jointing
- 9. Duct Termination
- 10. Concrete Encasement
- 11. Backfilling

### Stage 4

### Completion

- 12. Testing
- 13. Safety Precaution





Stage 2 Specification

4

# Depth & Width of Trench Material

Stage 2 Specification

### Depth & Width of Trench



- The width of trench **shall not be greater** than necessary for satisfactory execution of the work.
- The excavated trench shall be as straight as possible, and any bends or curves shall be of the maximum radius possible.
- The depth of trench shall follow according to the respective specification and as required by relevant government agencies, Local Authorities and Network Facilities Provider (NFP).

No of Ductway	Depth (mm)	Layer	Duct Formation
1	1500	1-Layer	0
2	1500	1-Layer	00
4	1530	2-Layer	88
6	1530	2-Layer	888
8	1680	2-Layer	8888
9	1680	3-Layer	
12	1680	3-Layer	
16	1830	4-Layer	
20	1830	4-Layer	
24	1980	4-Layer	

Specification

٠

Stage 2

### Materials for Duct Way



**PVC Duct 107mm** 

- Type: ٠
  - PVC Duct Diameter: 107mm
- Color: ۲
  - Black Length per unit:6m

#### HDPE Smooth Wall Duct 40mm 2

Type: ۲

- HDPE Smooth Wall Duct
- Diameter: 40mm
- Color: Black
- Length per drum: 500m
- Stripe Color: Yellow









### **Technical Code Requirements**

Stage 3 Installation

4

- 5. Road Cutting & Pilot Hole
- 6. Trench Excavation
- 7. Duct Laying
- 8. Duct Jointing
- 9. Duct Termination
- **10. Concrete Encasement**
- 11. Backfilling

Stage 3

Installation

### **Road Cutting & Pilot Hole**



#### Asphalt Cutting Layer

Asphalt cutting using road cutter for two purposes;

- To ensure smooth excavation on the surface of carriageway.
- ii. To reduce the over-break at the excavation stage and to keep the upper road pavement layers adjacent to the trench intact.

The procedures of asphalt cutting are as follows:

- i. Mark two lines on the road with the average width of 750mm between the lines.
- ii. Cut along the lines by using road cutter to the full depth of the bituminous or concrete material (50mm).



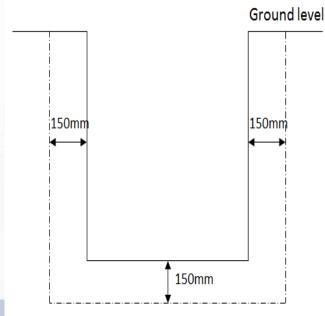
Cutting of asphalt layer using road cutter	



2



- Pilot holes is an excavated holes along the identified route alignment to check possibility of existing utilities underground or other obstacles.
- Location & number of pilot holes shall be determined by the Project Supervisor.
- Size of the pilot hole is an additional of 150mm width & depth than the required trench dimension.



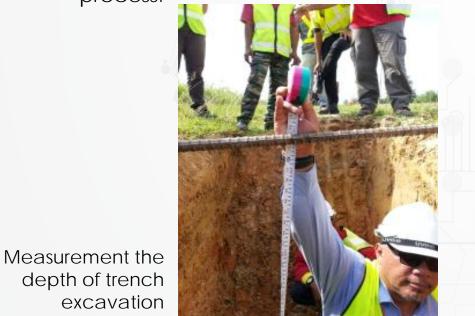
### Stage 3

Installation

### **Trench Excavation**



- Project Supervisor shall monitor and measure depth & width of the trench as specified in the project plan.
- At every 20-meter interval along the route alignment, depth of the trench shall be measured and recorded.
- The width of the trench shall be able to fix the number of ducts according to duct formation.
- The bed of the trench shall be leveled and clear from any obstacles which may obstruct duct laying process.





The bed of the trench shall be leveled and clear from any obstacles



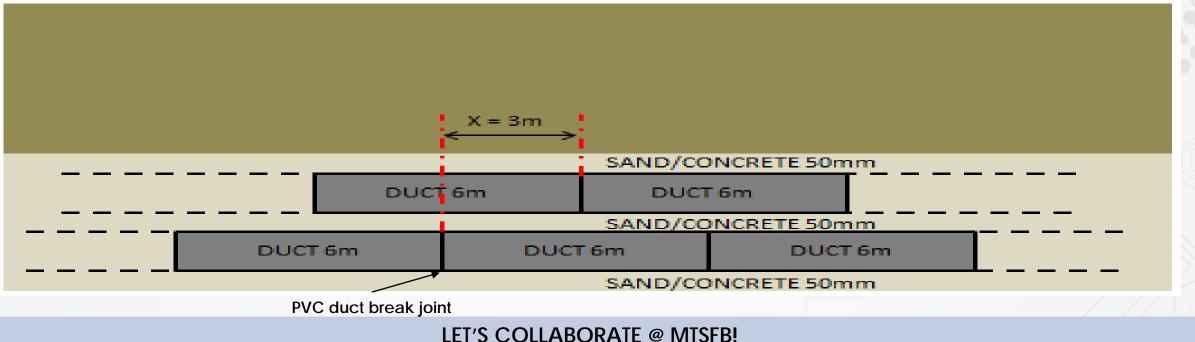
I.

ii.



- This is the most important step in the construction of open trench civil work. During this process, Project Supervisor must ensure:
  - The line of ducts shall be kept as **straight** as possible.
  - In the case of 4-way ducts or more, the **break joint** line shall be arranged by approximately half the duct length in alternate lines, horizontally and vertically. X is break joint between duct layers.

#### GROUND LEVEL



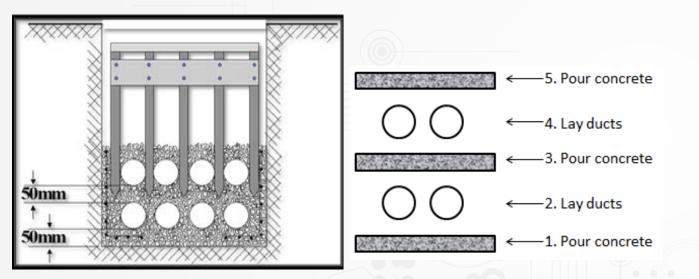
Stage 3

Installation

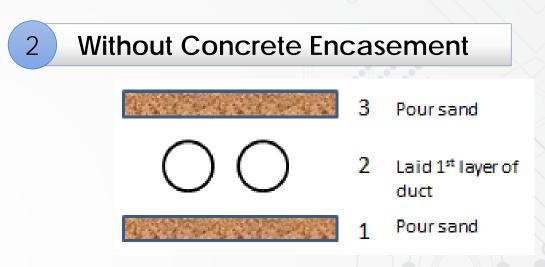
## **Duct Laying**



With Concrete Encasement



- Step of duct laying with concrete encasement.
- Wooden comb is used to keep the ducts evenly spaced.



 Steps of duct laying without concrete encasement

### GI Pipe for Road Crossing

- Whenever the infra has to cross the road or the depth of trench is less than 300mm, GI Pipe is recommended as replacement of PVC duct.
- GI pipe is stronger than PVC duct to withstand the load of vehicles.

#### LET'S COLLABORATE @ MTSFB!

3

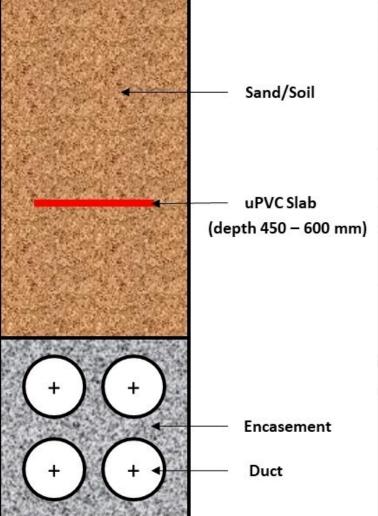
### Stage 3 Installation

### **Concrete Encasement**



- In view of the criticality of the services riding on each cable, it is recommended that all duct route of **4 ways and above** to be concrete encased.
- The method of encasing the ducts in concrete is layer by layer method where each conduit shall completely surrounded by the concrete.
- The concrete used for the encasement shall be a Quality C type.

	Parts by Measure       Concrete     Cement     Sand     Aggregate		easure	
Concrete			Aggregate	Usage
Quality A	1	2	4	All jointing chambers, filling in covers manhole 3E and 7E, plinth, concrete trough.
Quality B	1	3	6	Placed between two set of plant if separate clearance is 152mm or less; For supporting, protecting or filling in purposes.
Quality C	1	4	3	Encasement of conduits
Cement mortar	1	3	0	Plastering, sealing dummy ducts in jointing chamber, repairing damage or split ducts.



### Stage 3 Installation Duct Jointing

Fusion Welding

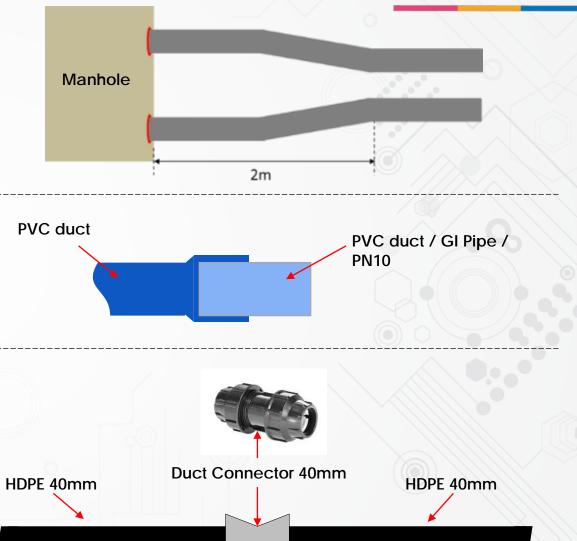
- Lead-in duct to manhole or jointing the ducts.
- Position by increasing or decreasing the duct way level within a minimum distance of 2m.
- No sharp bending.

40mm.

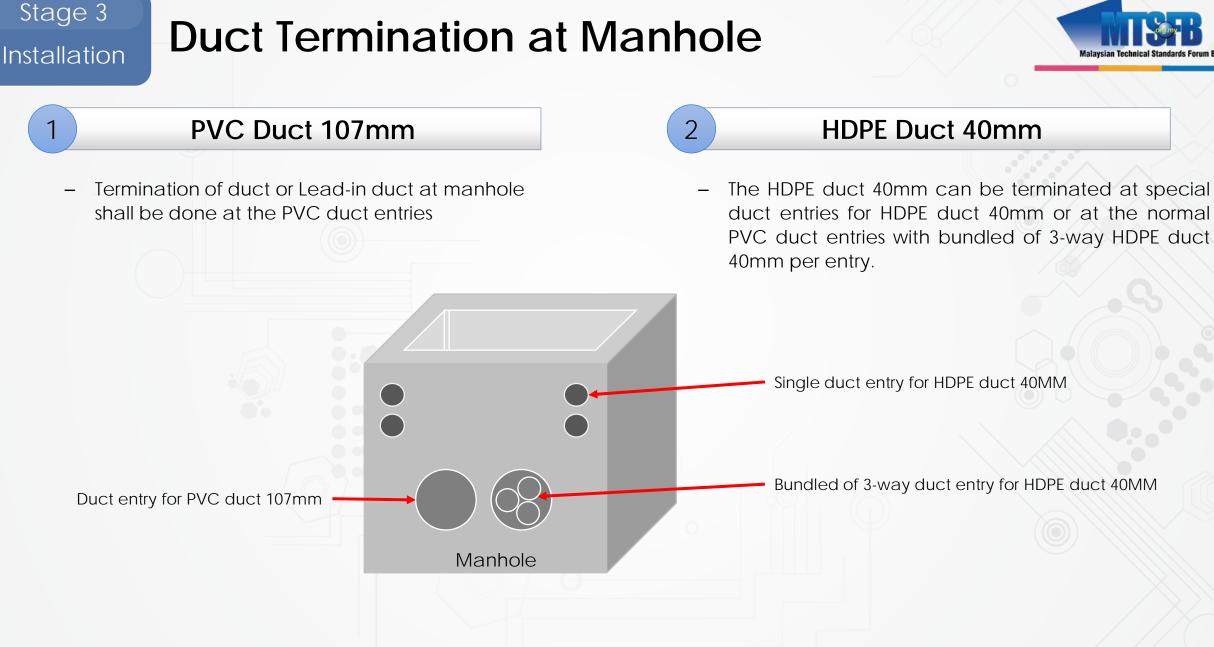
 Jointing of 2 PVC ducts or PVC duct to GI pipe / PN10 duct can be done using Butt-Fusion method.

 Jointing the HDPE smooth wall duct 40mm can be done using Butt-Fusion Welding method or Duct Connector

HDPE duct 40mm







## Backfilling

Stage 3

Installation



- It is important that the correct backfill materials is used. The compaction shall be done on layer-by-layer basis.
- Lay the uPVC slabs or warning tapes along the route alignment at the depth range of 450 mm to 600 mm from the ground level.

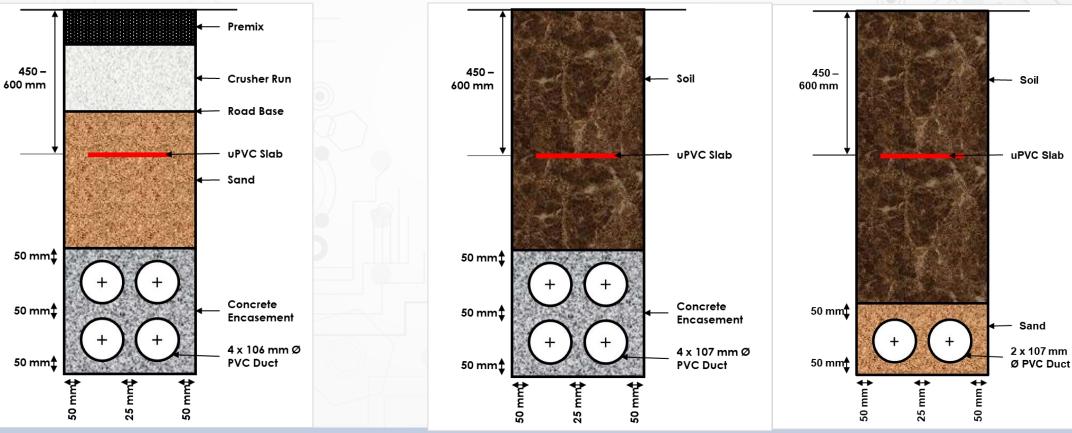
#### **Backfilling in Carriageway**

 Backfilling in carriageway shall be done by using clean sand but subject to approval from relevant government agencies or Local Authorities.

### 2

#### Backfilling in Grass

- Backfilling in grass shall be done by using clean sand and soil.





### **Technical Code Requirements**

Stage 4 Completion

4

Testing
 Safety Precaution





#### Mandrel Test

- The purpose of the test is to clean and test the duct condition.
- A Mandrel is a device that is pulled through the duct for the testing.



Stage 4

Wooden type



### **Coring Test**

- The purpose of the test is to check the thickness of the asphalt premix.
- Drilling a cylindrical sample of paved surfaced when requested.
- Generally, the test is carried out within 24 hours of laying and compacting the asphalt premix or as instructed by relevant authorities.
- The diameter of core sample shall be less than 100mm and the thickness is 150mm. The rate of sampling shall be one sample per 500 m2 of premix laid.



2



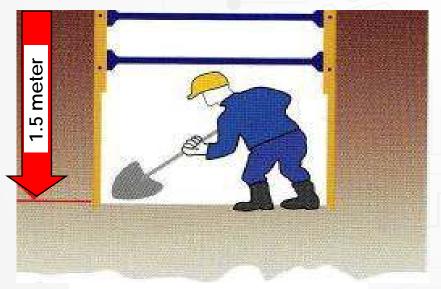
### Stage 4

#### **Safety Precaution** Installation



#### **Shoring System**

- Shoring apparatus is a tool which is used specially to maintain the stability of the side walls of an excavation and provide protection to workers who may enter the excavated trench for duct laying etc.
- Shoring equipment shall be used for the trench of more than \_ 1.5m in depth by using the mechanical digger.



Deeper trench must be shored





### Challenges

a) High deposit & permit cost

b) Limited area

c) Stringent and non standard procedure by the authorities.

d) High cost for road milling process.

e) 12 months liability period for rework process on any defect.



#### Conclusion

- a) Open Trench civil work method is the best way to offer **up to 24-way of underground ducting** which equivalent to a minimum 72 fiber optic cables can be installed.
- b) It also offer **a lower cost** compare to Horizontal Direct Drilling (HDD) method for the same number of duct ways.
- c) Support from all relevant authorities and agencies are highly required.



MCMC MTSFB TC G025-3:2020

#### TECHNICAL CODE

BASIC CIVIL WORKS -PART 3: MICRO TRENCH

Developed by



Registered by

Registered date: 20 May 2020

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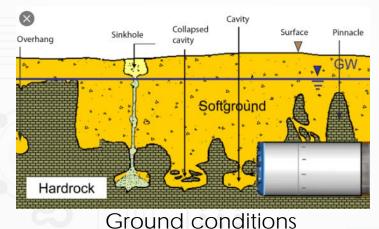
## Application

• Micro trench work is considered as an alternative civil works method. This method is suitable for certain condition:



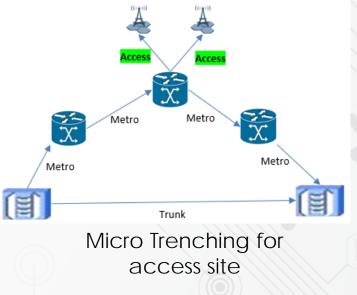
Congest road

- Minimum road impact
- Micro trench size



Ground conditions With hard rock

- 300 mm depth
- Micro trench opening



• Low capacity duct/cable



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## 1. Scope

This Technical Code specifies requirements for micro trench works for the installation and maintenance of communications network facilities which covers:

a) planning for micro trench works;

b) technical specifications; and

c) installation procedures.



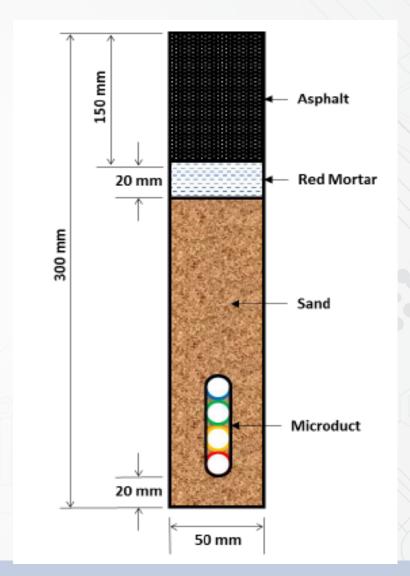
# 2. Planning Of Civil Work

- To follow as specified in Basic civil works part 1: general requirements
- To plan after confirmation from relevant government agencies, local authorities and land owner
- To determine the suitability of **Micro Trench method** road surface and surrounding condition
- Number of duct ways and capacity of the cable to be laid later



#### Trenching

- Only applied on routes that involve surfaces such as
  - ✓ roads (asphalt),
  - ✓ sidewalks (pavement) and
  - ✓ other concrete-based surface.
- carried out by cutting a groove at
  - a depth of 300 mm and
  - width of 50 mm





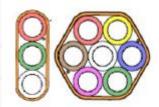
Duct

- The maximum diameter of duct allowed shall be 50 mm.
- An insulated or metal-based wire shall be built-in inside the HDPE duct for precise route detection.
- There are various types of duct to be used for micro trench as follows:
- a) High Density Polyethylene (HDPE) type duct;
- i) smooth wall duct with direct installed microducts
  ii) bundled microducts
  iii) individual microduct

b) Galvanised Iron (GI) pipe









End Cap

- End caps shall always be used during the laying, storing and transporting of microducts to prevent the penetration of water or dust
- removable and reusable
- diameter matched to the microducts size



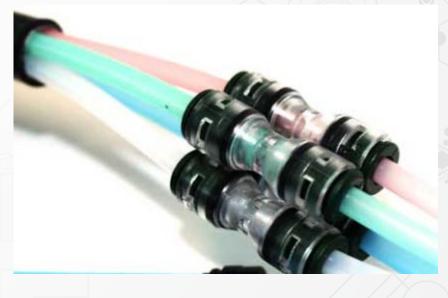


#### Connector

- Connectors are used as sleeves for connecting 2 microducts
- removable and reusable
- should not affect the tensile strength and pressure of the microducts
- Straight connectors are used to join 2 microducts that are similar in diameter
- "reducers" are used for different diameter









#### 7.1 Road Cutting

- asphalt cutting machine
- cutting speed may depend on the type of machine used.
- avoid any sharp turns in direction.
- angled cutting to comply with the minimum bending radius required for the microducts

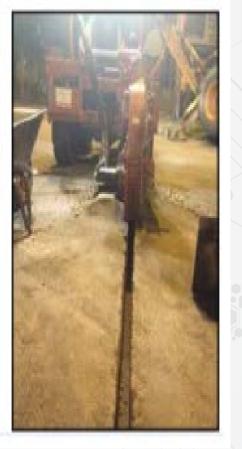


**Cutting Machine** 



Angled cutting







#### 7.1 Road Cutting

- on the road marker line.
- Upon reinstatement, the road marker line should be repainted
- cut in a straight line
- trenching line using suitably marked to guide the cutting.



Reinstatement



Road maker line



Road painting



#### 7.2 Groove cleaning and drying

- After trenching, the bottom of the trench shall be cleaned.
- Cleared from any loose stones or pebbles which could exert undue pressure and force on the wall of the microducts, causing damage and deformation to microducts.
- The following procedures shall be carried out after cutting the groove:
   a) remove debris from the sides of the excavation;
  - b) remove adjacent paving materials which were damaged as a result of excavation; and
  - c) clean the bottom of the trench.

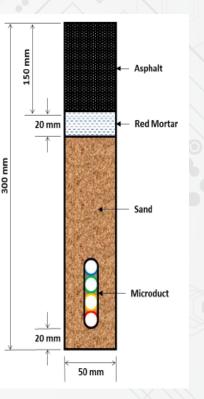


#### 7.3 Laying duct

- The duct comes in various sizes with very low friction level.
- The duct is a direct-buried type with high tensile strength and crush resistanc
- The recommended distance between 2 points should not exceed 250 m

-	Point A to Point B not more than 250 m	<b>&gt;</b>
Point A		Point B

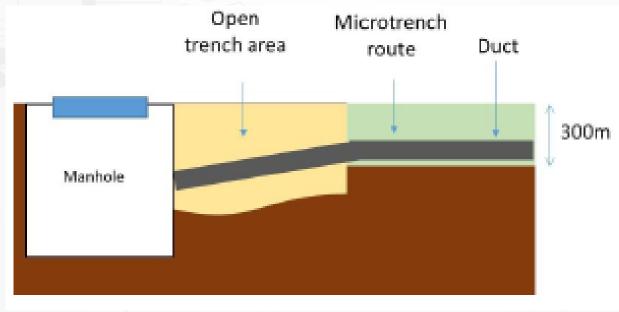
- Before laying duct into the bottom of the trench, to fill with **20 mm sand bedding** to provide cushion or absorption mechanism for the ducts.
- After laying the duct, a further topping using sand up to 60 mm of thickness shall be done to absorb mechanical shock forces from the top of road surface.





#### 7.3 Lead in manhole

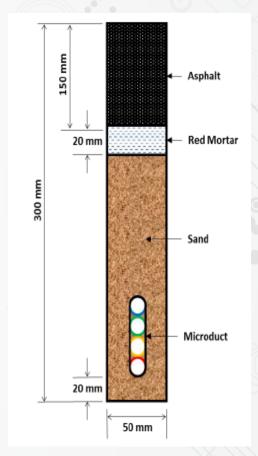
- Using conventional excavation with appropriate length.
- The dropping of the trench should be **gradual** from the access point to the manhole
- Individual duct shall be separated and located at a suitable horizontal distance inside the manhole





#### 7.4 Backfilling

- Backfilling shall satisfy the following performance requirements:
  - a) volumetric stability;
  - b) bond and adhere to the walls of the trench;
  - c) the entire excavation shall be fully filled and without different settling; and
  - d) the backfilling material shall be readily removable for future maintenance works
- A suitable measure shall be taken to maintain the cable geometry and avoid undesired floating of the ducts during backfilling process.
- The properties of the asphalt shall be similar to the **existing surface** for reinstatement.



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## Challenges

This method may not be suitable for certain types of areas based on the ground conditions, surrounding utilities and shall always consider the aspect of safety and environmental.



Ground conditions



Congest Utility



Safety and environmental



## Conclusion

- Micro Trenching is an alternative solution that only requires minimum trenching width
- Provide a lower cost solution and fast deployment
- Only limited for low impact and low density of cable





MCMC MTSFB TC G025-4:2020

#### TECHNICAL CODE

#### BASIC CIVIL WORKS -PART 4: HORIZONTAL DIRECTIONAL DRILLING



Registered by





Registered date:

20 May 2020

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## 1. Scope

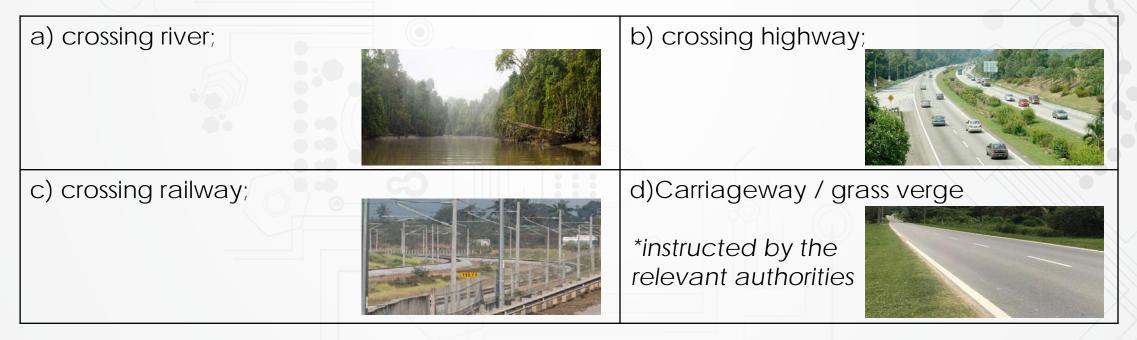
This Technical Code specifies the requirements for HDD works for the installation and maintenance of communications network facilities which cover: 
 a) Planning of horizontal directional drilling works;
 b) Technical specifications; and

c) Installation procedures.



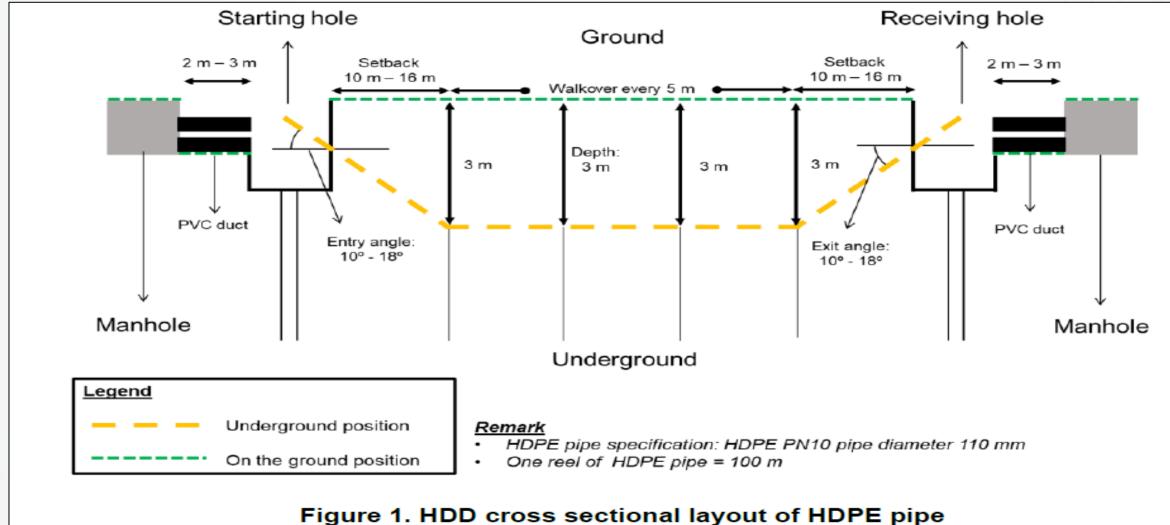
## 2. Planning for HDD

- Planning of HDD works shall be done as described in Basic Civil Works Part 1 (MCMC MTSFB TC G025-1:2020).
- The potential areas that may require for HDD works are as follows:





## 3. Technical Specifications for HDD – 2/2

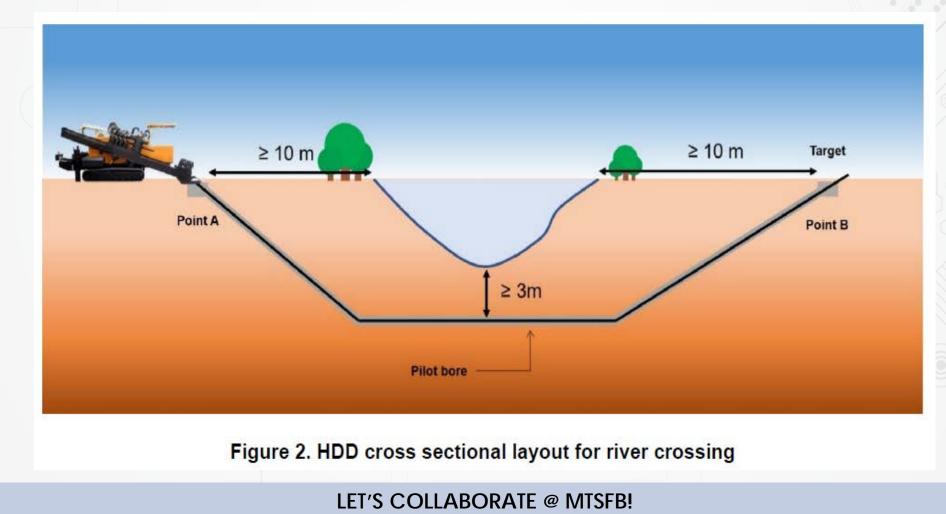


• Starting and Receiving holes shall be kept as minimum as possible to minimise the surface damage. Recommended size is 1.5 m (W) x 2.5 m (L) x 1.5 m (D)



## 3. Technical Specifications for HDD – Crossing River

- A proper mapping shall be done to measure the river bed to determine the minimum HDD depth.
- For river crossing, the depth and distance from riverside is subject to the relevant authorities





### 3. Technical Specifications for HDD – Machine

Type of distance	Machine weight (kg)	Machine size (m)	Thrust (kN)	Pullback (kN)	Remarks
Short range (< 100 m)	< 2 000	2 - 4	20	22	Limited work space to place the machine or the newly constructed manhole (e.g. beneath roads, driveways, sidewalks, sensitive landscaping, and other surface obstacles).
Medium range (100 m - 500 m)	3 000 - 5 000	3 - 5	40	40	Ideal HDD construction work.
Long range (> 500 m)	> 8 000	> 5	> 100	> 100	HDD construction which requires a special machinery and requirement (e.g. wide river crossing > 500 m)



## 3. Technical Specifications for HDD – HDPE Duct

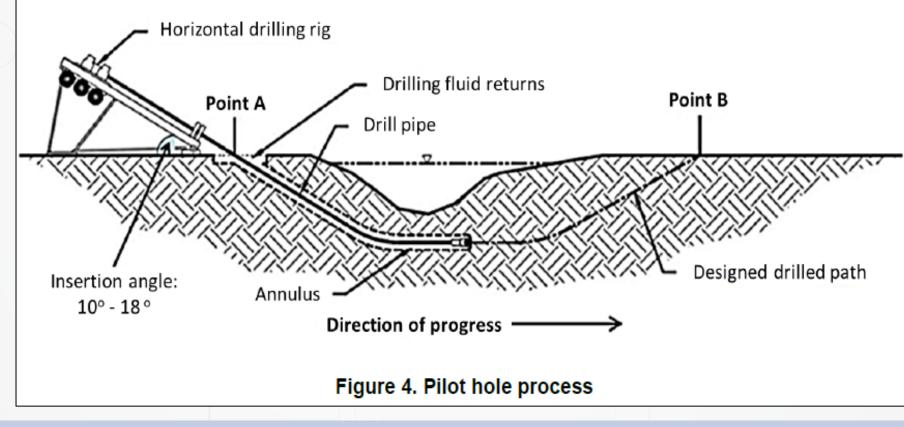
• The diameter of HDPE pipe can be 32 mm, 40 mm or 110 mm

Table 3. HDPE pipe ratio										
RESIN	PE80									
SDR	2	21	17		13.6		11		9	
PN		6	8		1	0	12.5		16	
Minimum wall thickness (mm)										
OD (mm)	(mm)	(kg/m)								
40	2.0	0.245	2.4	0.292	3.0	0.359	3.7	0.428	4.5	0.508
50	2.4	0.370	3.0	0.450	3.7	0.546	4.6	0.664	5.6	0.787
63	3.0	0.574	3.8	0.716	4.7	0.870	5.8	1.049	7.1	1.257
75	3.6	0.822	4.5	1.011	5.6	1.233	6.8	1.465	8.4	1.766
90	4.3	1.179	5.4	1.454	6.7	1.767	8.2	2.123	10.1	2.547
110	5.3	1.769	6.6	2.164	8.1	2.617	10.0	3.149	12.3	3.785
125	6.0	2.261	7.4	2.760	9.2	3.372	11.4	4.085	14.0	4.896



## 4. Installation Procedures for HDD – 1/2

- Pilot hole At least 2 pilot holes shall be excavated along the HDD route
- Pilot Drilling Pilot drilling is done from point A (starting hole) to point B (receiving hole)
- Work area shall be confined with safety barricade to avoid any hazard

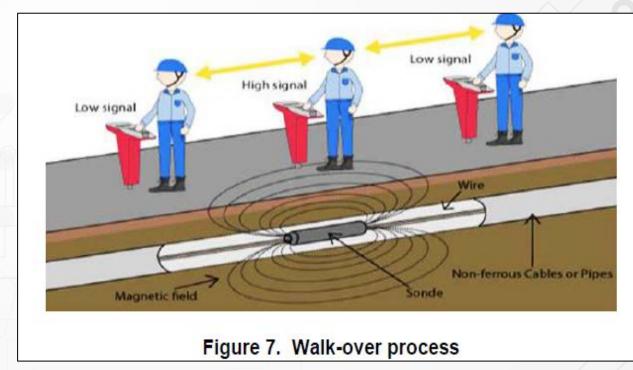




## 4. Installation Procedures for HDD – 2/2

- The contractor shall monitor and record the depth of the drilling.
- Walk-over tracking system to determine the depth, location and direction of the bore head during the pilot hole process
- In walk-over system, a sonde (transmitter) is installed inside the bore head

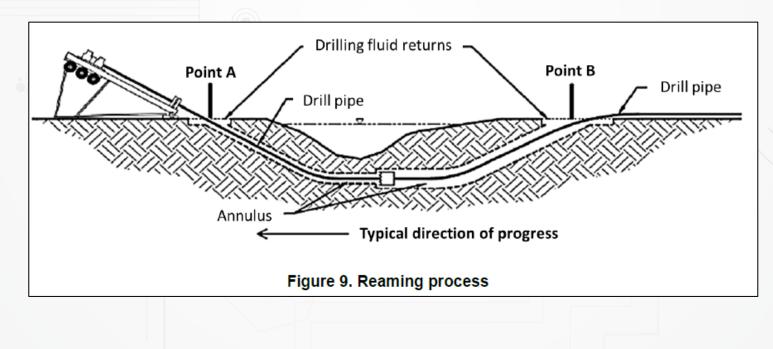




## 4. Installation Procedures for HDD – Reaming



- Reaming is a process of enlarging the bore hole after drilling process
- The steps of reaming process are as follows:
  - a) Upon reaching at point B, the reaming process will start
  - b) Replace the angle bit at the end of the drill pipe with a reamer size 16 inch to enlarge the bore hole (4 ductways)
  - c) Pull back the reamer from point B
  - d) Add drill pipe behind the reamer so that there is always drill pipe in the bore hole



### 4. Installation Procedures for HDD – Size of Reamer

 Use swivel to prevent the rotation of drill pipe behind the reamer during the reaming process. The suitable reamer size depends on the number of ductway as shown in Table 4

#### Table 4. The size of reamer for HDD work

No	Size of reamer (inch)	Number of ductway
1	12	2
2	16	4
3	20	6
4	24	8
5	36	12

 The reaming tools for reaming process are shown in Figure 10

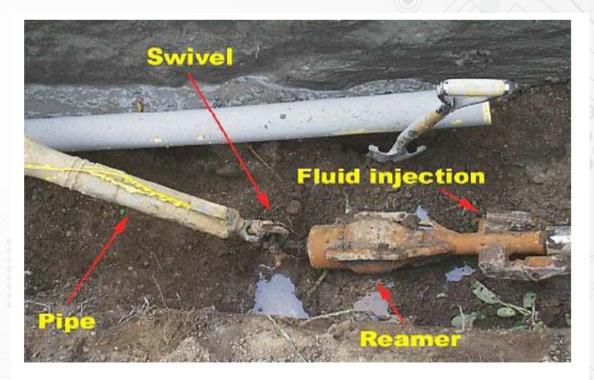


Figure 10. Tools for reaming process

## 4. Installation Procedures for HDD – Laying of HDPE

- The HDPE duct shall be pulled back into the reamed hole from point B to point A upon reaming process completed as shown in Figure 11
  - a) Using a pull head and a swivel, connect the HDPE duct to the drill pipe
  - b) To ensure the hole remain open, locate a reamer between the pull head and HDPE duct. It is also to allow lubricating fluid to be pumped into the hole during the laying process
  - c) The laying process will continue until the HDPE duct reach at the point A
  - d) Once the laying process of HDPE is complete, disconnect the pull head
  - e) Then, remove the drill and start the clean-up process as shown in Figure 12

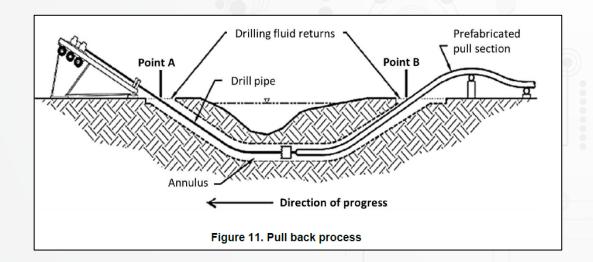


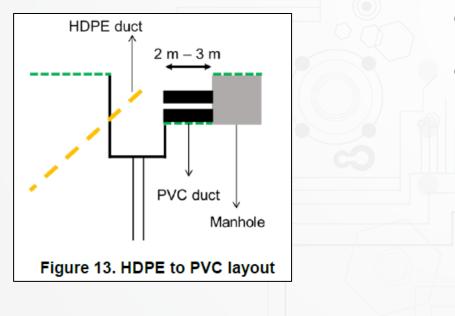


Figure 12. Reamer during completion of pullback process

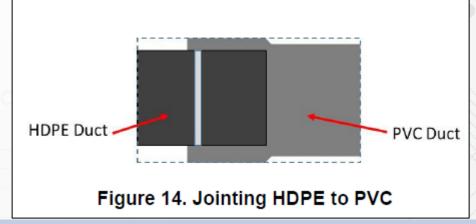
### 4. Installation Procedures for HDD – Jointing HDPE to Manhole



 Jointing of HDPE ducts to the existing manhole shall be done by connecting existing HDPE to PVC duct which has connection to the existing manhole. The process is illustrated in Figure 13



- Excavate a new trench with suitable depth to allow connection between existing PVC and HDPE duct as illustrated in Figure 14
  - a) Wipe and clean both end of the ducts.
  - b) The outer surface of the HDPE duct shall be smoothed by using sand paper.
  - c) The inner surface of HDPE shall be trimmed by using grinder.
  - d) The end of the PVC duct shall be heated to expand the diameter of the ducts.
  - e) The HDPE duct is inserted into the PVC duct where PVC glue is applied to join the ducts.



### **Challenges / Conclusion**



- HDD specification was developed to minimize the impact of construction work and expedite the installation process
- HDD bring advantages by minimize road cutting and simplify the process (no major road milling require)
- With the proper SOP may expedite the permit approval and installation work to meet NFCP / JENDELA aspiration
- High deployment cost compared to other construction method
- Site limitation such as limited space due to area full of underground utilities infrastructure and no space for HDD machineries work may be a challenges for this method
- Existing utilities mapping database in major city shall be updated to ensure minimal risk
- Support by all the relevant authorities and agency is required









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